



## MANLY PACIFIC RUN GUIDE

Whether you're here to move, reset, or simply soak up the energy of the coastline, Manly offers the perfect backdrop for every stride.

Our curated run routes - 3km, 5km and 8km options trace the edges of the ocean, winding past iconic surf breaks, hidden coves and sunlit trails from South Steyne to Curl Curl. Set your pace, feel the salt air, and let the rhythm of the sea lead the way.

MANLY  
PACIFIC  
MGALLERY SYDNEY







## 8 KM RUN

Manly Pacific to  
Curl Curl return.

Follow the promenade to Queenscliff Beach, head up Bridge Road, pass Pilu, cross Freshwater Beach to the carpark, take the Ocean View Road stairs, loop around Evans Street, then join the Curl Curl boardwalk.